

Year	<u>Autumn 1</u> Managing My Feelings and Relationships	<u>Autumn 2</u> Keeping Safe	<u>Spring 1</u> Everyone Has a Place	<u>Spring 2</u> Online Behaviour/ Practical Safety	<u>Summer 1</u> Looking After Myself and My Health	<u>Summer 2</u> Money and Aspirations/ Growing and Changes
Year 1	Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Who can help? (1) Surprises and secrets Good or bad touches? Keeping privates private Asking for permission Fire/ Firework Safety Road Safety	Who are our special people? Same or different? It's not fair! Unkind, tease or bully? Who can help? (2)	Around and about the school Sharing pictures Project Evolve – Y1 Self- Image and Identity – x2 lessons. Project Evolve - Y1 – Online Relationships Lesson 3 – Considerate and kind to people online.	Healthy me Super sleep Eat well Harold's wash and brush up What could Harold do? I can eat a rainbow Catch it! Bin it! Kill it! Basic first aid	Harold's money How should we look after our money?  Inside my wonderful body! Then and now Harold loses Geoffrey Taking care of a baby
Year 2	How are you feeling today? Being a good friend Let's all be happy! Bullying or teasing? Types of bullying Don't do that!	How safe would you feel? What should Harold say? I don't like that! Fun or not? Some secrets should never be kept Should I tell? Feeling safe	My special people What makes us who we are? How do we make others feel? When someone is feeling left out Solve the problem An act of kindness	Project Evolve – Y2 – Online Reputation x 3 lessons. Project Evolve – Online Relationship – L5 Consent and L6 Permission	Harold's picnic My body needs... Harold's bathroom My day Harold's postcard – helping us to keep clean and healthy What does my body do? Basic first aid	Harold saves for something special Harold goes camping  Sam moves away Haven't you grown! My body, your body Respecting privacy
Year 3	Friends are special Looking after our special people My special pet How can we solve this problem? Thunks Dan's dare	Safe or unsafe? Danger or risk? The Risk Robot Secret or surprise? None of your business! Raisin challenge (1) Body space	Respect and challenge My community Our friends and neighbours Family and friends Let's celebrate our differences	As a rule Super Searcher Project Evolve – Health Wellbeing and Lifestyle 2 x lessons Water Safety – British Waterways Stranger Danger	Alcohol and cigarettes: the facts Derek cooks dinner! (healthy eating) Poorly Harold Help or harm? Body team work For or against?	Earning money Can Harold afford it? Top talents I am fantastic!  Relationship Tree Moving house

	<p>Getting on with your nerves!</p> <p>Tangram team challenge</p>			Internet Safety -	Basic first aid	
Year 4	<p>Different feelings</p> <p>When feelings change</p> <p>Under pressure</p> <p>An email from Harold!</p> <p>Ok or not ok? (part 1)</p> <p>Ok or not ok? (part 2)</p> <p>How do we make a difference?</p> <p>Human machines</p>	<p>Danger, risk or hazard?</p> <p>Secret or surprise?</p> <p>How dare you!</p> <p>Keeping ourselves safe</p> <p>Raisin challenge (2)</p> <p>Safety in numbers</p> <p>It's your right</p>	<p>Friend or acquaintance?</p> <p>The people we share our world with</p> <p>What makes me ME!</p> <p>That is such a stereotype!</p> <p>What would I do?</p>	<p>Picture Wise</p> <p>Project Evolve – Online</p> <p>Bullying - Lesson 2 –</p> <p>Bullied through different media.</p> <p>In the news!</p> <p>Railway Safety</p> <p>Stranger Danger</p> <p>Internet Safety</p>	<p>Medicines: check the label</p> <p>Know the norms</p> <p>Who helps us stay healthy and safe?</p> <p>SCARF Hotel</p> <p>Making choices</p> <p>Basic first aid</p>	<p>Harold's expenses</p> <p>Why pay taxes?</p> <p>My feelings are all over the place!</p> <p>All change!</p> <p>Periods (girls only)</p> <p>Together</p>
Year 5	<p>Give and take</p> <p>How good a friend are you?</p> <p>Relationship cake recipe</p> <p>Our emotional needs</p> <p>Being assertive</p> <p>How are they feeling?</p> <p>Local councils Collaboration Challenge!</p>	<p>Jay's dilemma</p> <p>Ella's diary dilemma</p> <p>Decision dilemmas</p> <p>Dear Ash</p> <p>Independence and responsibility</p> <p>Spot bullying</p> <p>Giving and seeking permission</p>	<p>Kind conversations</p> <p>Qualities of friendship</p> <p>The land of the Red People</p> <p>Happy being me</p> <p>It could happen to anyone</p>	<p>Star qualities?</p> <p>Fact or opinion?</p> <p>Is it true?</p> <p>Play, like, share</p> <p>Communication</p> <p>Anti-social Behaviour</p> <p>Personal Safety</p>	<p>'Thinking' about habits</p> <p>Drugs: true or false?</p> <p>Smoking: what is normal?</p> <p>Would you risk it?</p> <p>Getting fit</p> <p>It all adds up!</p> <p>Basic first aid, including Sepsis Awareness</p>	<p>Lend us a fiver!</p> <p>Spending wisely</p> <p>Changing bodies and feelings</p> <p>Puberty for Boys &amp; Girls (separate lessons)</p> <p>Growing up and changing bodies</p> <p>Help! I'm a teenager – get me out of here!</p> <p>Stop, start, stereotypes</p>
Year 6	<p>Let's negotiate</p> <p>Solve the friendship problem</p> <p>Behave yourself</p> <p>Dan's day</p> <p>Assertiveness skills</p>	<p>Joe's story (part 1)</p> <p>Joe's story (part 2)</p> <p>What's the risk? (1)</p> <p>What's the risk? (2)</p> <p>Don't force me</p>	<p>Respecting differences</p> <p>We have more in common than not</p> <p>Tolerance and respect for others</p>	<p>Traffic lights</p> <p>It's a puzzle</p> <p>Think before you click!</p> <p>Fakebook friends</p> <p>To share or not to share?</p>	<p>Rat Park</p> <p>What sort of drug is...?</p> <p>Drugs: it's the law!</p> <p>Alcohol: what is normal?</p> <p>Our recommendations</p>	<p>What's it worth?</p> <p>Jobs and taxes</p> <p>This will be your life!</p> <p>Is this normal?</p>

	Acting appropriately Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made Working Together	Personal Boundaries Appropriate & Inappropriate Touch	OK to be different Boys will be boys? - challenging gender stereotypes	I look great! Pressure online  Anti-social Behaviour Personal Safety	Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	Reproduction and Conception How Babies are Born Helpful or unhelpful? Managing change
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Sessions from PSHE Association 'Teaching About Consent' KS1 & 2 programme

Sessions to be part of Wellbeing Friday

Sessions to be led by the PCSO

Project Evolve – <https://projectevolve.co.uk/>

Sessions to be led by the School Nurse – LA materials

These two yellow highlighted lessons in Year 6 are additional non-statutory Sex Education and have parental right of withdrawal.

Please see our school RSE policy on our website for further details.