



Dear parents/ carers,

On **Friday 16th December 2022**, children are welcome to come to school wearing a Christmas jumper. Once again this year, instead of asking for a monetary donation, **we are asking children to bring in an item which can be donated to those in need this Christmas.**

Donations will be made to The Well Food Bank.

What to Bring

Any Christmas items need to have '**best before**' dates **beyond December.**

The food **must not** contain any alcohol (bear this in mind for mince pies, Christmas cake, Christmas puddings and chocolates including selection boxes).

Cupboard essentials

- Breakfast cereal (preferably non-sugared)
- Jam, marmalade
- Milk (long-life and preferably semi-skimmed)/ Fruit juice (long-life)
- Small jars of coffee/ Hot chocolate
- Tinned meat (ham, corned beef, Spam)
- Tinned ready meals (chilli, meatballs, stew)
- Tinned vegetarian ready meals (curry, ratatouille, macaroni cheese)
- Packets of mashed potato/tinned potatoes
- Tinned vegetables (not baked beans)
- Tinned fish (tuna, mackerel, salmon & sardines)
- Pasta/ Rice
- Pasta sauce/cooking sauces
- Tinned fruit (in juice preferably)
- Tinned rice pudding/custard
- Healthy snacks (small boxes of raisins/apricots)
- Biscuits, crackers, crispbreads

Toiletries

- Deodorants
- Shampoo
- Shower Gel
- Soap
- Toothbrushes
- Toothpaste
- Sanitary towels

Thank you for your continued support.

Mr A Smith
Head of School