Berrybrook's Parent E-safety Newsletter

DEAR PARENTS AND CARERS,

In this E-safety newsletter, we have identified some of the latest safety information and guidance about the use of the Internet and apps your child may be using.

Also, we have included a few tips on how to support your child when they are using the internet at home.

If you have any concerns or would like any more information about E-safety, please do not hesitate to contact us.

DO YOU KNOW WHAT YOUR CHILD IS DOING ONLINE?

It can be hard to keep track of what your child is doing on social networks, apps and games or know how to keep them safe.

That's why 'Think U Know' provide parents with information and guidance about the internet and to help you teach your children to be aware online.

https://www.thinkuknow.co.uk/parents/

WHAT PARENTS NEED TO KNOW ABOUT SETTING UP NEW DEVICES FOR CHILDREN

Attached to this e-safety newsletter, there is a guide on setting up new devices for children.

At Christmas, millions of lucky children will be excitedly ripping the wrapping off new phones, tablets, computers or consoles. However, in the rush to let young ones enjoy their shiny gadgets, many parents neglect to set these devices up safely — increasing the chances of children going online and stumbling across adult content, making expensive downloads or installing unsuitable apps. A little time configuring the device properly can save a lot of anguish later. Here are our top tips to ensure that a dream gift on Christmas morning doesn't turn into a nightmare by New Year.

In the guide, you'll find tips such as adjusting the screen time settings, setting windows limits and installing Xbox family settings.

WHAT PARENTS NEED TO KNOW ABOUT FORTITE CHAPTER 3

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First released in 2017, Fortnite has become one of the most popular games in the world. It currently has around 350 million registered players. Developed by Epic Games, it began life exclusively as a 'battle royale' contest, where up to 100 online player characters would fight — with weaponry including rifles, handguns and rocket launchers — to be the last one standing. Today, it features multiple modes which each offer something different (although some modes, such as 'Save the World', are only available on certain platforms).

In the guide, you'll find tips on a number of potential risks such as scams, in-app purchases and user-controlled content.

O₂ 😊 NSPCC
Let's keep kids safe online

National Online Safety®

DID YOU KNOW?

LEGO Build and Talk

LEGO® have created Build and Talk to help you chat to your child about digital safety and wellbeing. Firstly, you pick an activity to do and then you read a story, which includes questions and conversation prompts, whilst they build with their LEGO®. This is a great way to start talking about online safety with your child! https://www.lego.com/en-gb/sustainability/children/buildandtalk/

Whilst you're there, view their guides on key topics related to online safety https://www.lego.com/en-gb/sustainability/children/digital-child-safety/ or play Doom the Gloom with your child, which will support them in using the internet safely: https://www.lego.com/en-gb/campaigns/kids/doom-the-gloom.

Apple Guided Access / Android Screen pinning

Does your child use your phone at times? Both Apple and Android give you the ability to restrict what can be accessed when they are using it, so you can restrict your device to the one app that your child would like to use (so all other features are disabled).

Use the following links to find out how to set it up:

Apple:
https://support.apple.com/en-gb/HT202612

Android:
https://support.google.com/android/answer/9455138?hl=en-GB

If you are at all concerned by the way someone is behaving online, report it straight away by using these contacts:

https://www.ceop.police.uk/safety-centre/

West Midlands Police - 999 or 101

You could also speak to a trusted adult such as a parent, carer or teacher.

INTERNET SAFETY ADVICE:

Remember the SMART Rules!

S—Safe—Keep safe by being careful not to give out personal information when you are chatting or posting online. Personal information includes your email address, phone number and passwords.

M—Meet—Meeting someone you have only been in touch with online can be very dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember, online friends are still strangers even if you have been talking to them for a long time.

A—Accepting—Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems—they may contain viruses or nasty messages!

R—Reliable—Someone online might lie about who they are and information on the internet may not be true.

T—Tell—Tell a parent, carer or trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

BE SMART!

Did you know BBC Own It has a keyboard and app? Download the app on your child's phone to access the special keyboard, which will offer advice as they type and intervenes for example, if they're sharing their mobile number, the app will tell your child to 'think safe' before they send the message. Find out more here: https://www.bbc.com/ownit/take-control/own-it-app

https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/