



Monday 17th January 2022

Advice to All Parents

Dear parents/ carers,

We have been advised of a positive case of Covid-19 in school. Please remember that there is no reason to panic and we have done extremely well up until this point.

We are continuing to monitor the situation and are working closely with the UK Health Security Agency and the Local Authority Public Health Team. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open and, providing your child remains well, they can continue to attend school as normal unless you have already been informed otherwise. We will keep this under review.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should isolate and access a PCR test. Anyone with symptoms is eligible for PCR testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia).

It is also recommended locally that any pupil unwell enough not to attend school for any other illness / symptom also takes an LFT before returning to school.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, however mild, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

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Contact with a positive case

If you're fully vaccinated or under 18 years and 6 months, you no longer need to self-isolate after close contact with someone who has COVID-19 (including household members). If you have symptoms, you should still isolate and take a PCR test. Those aged 5 years and over are strongly advised to:

- take an LFT every day for 7 days or until 10 days since the last contact with the person who tested positive for COVID-19 if this is earlier
- take this daily test before they leave the household for the first time that day.

Find out when to self-isolate and what to do on the NHS website:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- undertake regular Lateral Flow Testing which can help identify people who may have no symptoms but are still infectious and can give the virus to others.

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Thank you for your continued support through this time.

Yours faithfully,

Mr A Smith
Acting Head of School