



Inclusion · Diversity · Equality · Adventures

...invites you to have **TIMEOUT!**

Make new friends, learn new things and have **FUN!**

Come and join us for Time Out activities for disabled children and young people aged 3 - 19 years old

They will be taking place on various dates during Summer Term.



Tuesday 27th July 2021
Animal Man
(Venue: Newhampton Arts Centre)
10am to 1pm



Wednesday 4th August 2021
**African Drumming/
Bollywood/Arts & Crafts**
(Venue: Newhampton Arts Centre)
10am to 1pm



Wednesday 28th July 2021
**National Adventure
Forest Farm**
Group Outing (transport is provided)
10am to 4pm



Monday 9th August 2021
Sailability
Group Outing (transport is provided)
10pm to 1pm



Thursday 29th July 2021
Circus Skills FUN
(Venue: Newhampton Arts Centre)
10am to 1pm



Friday 13th August 2021
**Dinosaur
Adventure Golf**
Group Outing
10am to 1pm



Friday 30th July 2021
**Horse Riding
and Horse Therapy**
Group Outing (transport is provided)
10am to 1pm



Monday 16th August 2021
**Zip Wiring, Abseiling,
Canoeing lots of fun
activities for all abilities**
Group Outing (transport is provided)
10am to 4pm



Sunday 1st August 2021 &
Sunday 5th September 2021
**Disability Friendly
Cinema Showing**
10am to 1pm



Wednesday 18th August 2021
Safari Park
Group Outing (transport is provided)
10am to 4pm



Monday 2nd August 2021
Bowling
Group Outing
(Venue: Hollywood Bowl Bentley Bridge)
10am to 1pm

SOCIAL GROUP FOR DISABLED YOUNG PEOPLE AGED 13 YEAR TO 19 YEARS.

This group enjoys regular activities and trips with their friends and making new friends. Please get in touch for further information.

'THINGS THEY LIKE TO DO AND PLACES THEY WOULD LIKE TO GO'



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Please complete and return to Include Me TOO, Newhampton Arts Centre, Dunkley Street, Wolverhampton, West Midlands WV1 4AN. You can also email im2@includemetoo.org.uk or contact us on **07940 367753** to book a place by Wednesday 21st July 2021. We are also running sessions for our TIMEOUT Youth Social Group (aged 13 – 18 years) for further details contact our team on **07940 367753**.

(Please note places are limited so please book with us as soon as possible). **THANK YOU**