# ANIMAL WALKS

#### 1. KANGEROO

- Stand with hands and feet together
- Jump across the room
- Land with two feet together

#### 2. <u>BEAR</u>

- Stand and put hands on the floor
- Walk on hands and feet
- Stride across the floor with your bottom in the air

### 3. <u>CHICKEN</u>

- Stand and bend elbows
- Hands tucked under your arms
- Flap across the room

# 4. <u>FROG</u>

- Stand and weight bear on hands and feet
- Move both hands forward
- Jump bringing the feet to join the hands
- Leap across the room

# 5. <u>NEWT</u>

- Lie on the floor on your tummy
- Put one arm forward
- Bend the opposite leg
- Move across the floor using one arm and then the opposite leg

#### 6. <u>DUCK</u>

- Stand on your feet
- Grip ankles with your hands
- Waddle across the floor

# 7. <u>CRAB</u>

- Sit on the floor
- Bend knees so that your feet are flat on the floor
- Put your straight arms behind you
- Hands are on the floor
- Lift up your bottom up
- Progress to walk sideways across the floor

#### 8. <u>SNAKE</u>

- Lie on the floor on your tummy
- Crawl across the floor using the elbows and dragging legs

#### 9. <u>GIRAFFE</u>

- Stride across the room
- Stretch your neck as tall as possible
- Arms by your sides

#### 10. <u>PENGUIN</u>

- Wobble across the floor
- Hands by sides
- Walk on your heels















