

Berrybrook Primary School Long Term Physical Education Curriculum 2020-21

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	See Early Years long term plans.					
Year 1	Fitness Games (RB Sports Program)	Animals Dance	Movement Skills I Invasion Games I	Gymnastics Net and Wall Games I	Striking & Fielding I (Range from around the world)	Athletics 2
Year 2	Health Related Fitness Net and Wall Games 2	Multi Skills	Great Fire of London Dance	Invasion Games 2	Gymnastics Striking & Fielding 1/2 (Range from around the world/ from the UK)	Gymnastics Athletics (2)
Year 3	Fitness Program (RB Sports Program)	Striking & Fielding 2 (from the UK) (Year 2 unit)	Romans Dance	Gymnastics	Swimming Badminton Net and Wall Games	Swimming Athletics
Year 4	Health Related Fitness	Gymnastics	Swimming Gymnastics	Swimming Tennis Net and Wall Games	Basketball Invasion Games	Athletics
Year 5	Health Related Fitness (Impact on muscles and pulse) (Year 4 unit)	Gymnastics	Swimming Gymnastics	Swimming Athletics (Ancient Greek Olympics)	Dodgeball Net and Wall Games	The Haka Dance Sports Day
Year 6	Health Related Fitness (Circulatory System) Line Dancing Dance	Badminton Net and Wall Games	Tag Rugby Invasion Games Outdoor and Adv. Act	Rounders Striking & Fielding	Swimming Gymnastics	Swimming Gymnastics Sports Day