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**16<sup>th</sup> December 2020**

Dear Parents/Carers

On Monday, the Government announced a change to the time period for self-isolation. This change came into effect on Monday 14<sup>th</sup> December and applies to all those who are currently self-isolating, including those who commenced self-isolation before Monday 14<sup>th</sup> December.

Self-isolation periods will begin on the day after exposure, a test or the start of symptoms.

The Chief Medical Officer's announcement on 11 December can be found here <https://www.gov.uk/government/news/uk-chief-medical-officers-statement-on-the-self-isolation-period-11-december-2020>

The article says 'Self-isolation is essential to reducing the spread of COVID as it breaks the chains of transmission. After reviewing the evidence, we are now confident that we can **reduce the number of days that contacts self-isolate from 14 days to 10 days.**' The new guidance means those who have already completed 10 days of self-isolation by Monday 14 December can return to school.

For any pupils currently self-isolating from school as a result of a bubble closure, and are affected by this change, parents/carers will be contacted directly by your school to confirm arrangements for your child.

For any individual children who are currently self-isolating (not as a result of a bubble closure), please contact the school office before sending your child back into school.

Yours sincerely



Amarjit Cheema OBE