

Potty Training

Potty training is something that we talk about regularly in the Early Years, we often have great success when supporting one another with the process both in the Two's Nursery provision. Unfortunately, we are unable to support with this physically at the moment so we thought we would try and offer some support on our website to help.

The current temporary school closure could be a real advantage to get your child potty trained particularly if your child is due to move to Reception in September. We have included below some summarised information from <http://dots.actionforchildren.org.uk/about> where to start with potty training as we appreciate the thought can often be daunting.

Please share the stories below with your child to introduce the positives about potty training:

Pirate Pete's Potty: <https://www.youtube.com/watch?v=aoNoB9Lj5UE>

Princess Polly's Potty: <https://www.youtube.com/watch?v=KwJ8SFDFEPO>

I want my Potty: <https://www.youtube.com/watch?v=4YYhfOxBDq8>

On Your Potty: https://www.youtube.com/watch?v=qjUQght_QiE

A range of reward charts, stickers and cue cards have also been uploaded to the website for further support.

Please let us know how your children are getting on with their potty training by emailing us on using the EYFS email address which is bps.eyfshomelearning@perryhallmat.co.uk we would love to hear all about your success!



How do I start potty training?



- Make a note of when your child normally has a poo and try to keep their nappy off at this time.
- Ask your child to sit on the potty before a meal or bedtime as they will usually need to go then.
- Encourage your child to use the potty if they show or tell you that they need a wee. Using a potty just for wees is a good start until they build up the confidence.
- Alternatively, have 'potty time' every couple of hours so they get used to the idea of regularly needing a poo or wee.
- Your child usually won't need more than a couple of minutes on the potty, so keep it short. Leave a few toys/books close by so they can occupy themselves.
- Keep clothing simple so they can pull things up, down and off easily.
- It can be helpful for boys to start off sitting down – leave standing up for a later achievement!
- Keep potties around the house. If you have more than one bathroom, have a potty in each one. If you go out, take a potty with you.
- Don't feel you have to switch straight to a potty. Keep using nappies when you go out, at night, or whenever is comforting or convenient.
- Children love getting praise: give loads of it every time they succeed.

Remember that accidents will happen – just stay calm and clean up when you need to. Let your child know it's OK to make mistakes and that they'll get the hang of it.

Punishing your child is counter-productive: they'll get worried or frightened about using the potty, and that could slow the whole process down. We all make mistakes from time to time – and that's OK.

